

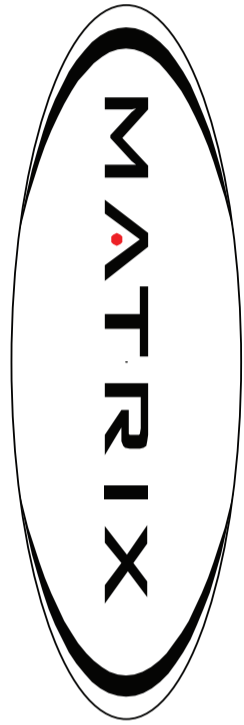
PART # MH0204590B

## Assembly Guidelines G3FW80 MULTI ADJUSTABLE BENCH



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## Assembly Guidelines G3FW80 MULTI ADJUSTABLE BENCH

### G3FW80 - MULTI ADJUSTABLE BENCH

#### UNPACKING G3FW80 MULTI ADJUSTABLE BENCH

Thank you for purchasing a MATRIX Fitness product. Your MATRIX G3FW80 Multi Adjustable Bench is inspected before it is packaged. Carefully unpack the unit from this box and dispose of the packing materials in accordance with your local laws.

#### CAUTION

The weight of the G3FW80 Multi Adjustable Bench is 180lbs (82kg). To avoid injury to yourself and prevent damage to the frame components, be sure to have proper assistance removing the frame pieces from this box.

#### TOOLS NEEDED

DESCRIPTION	SKETCH	QUANTITY
5MM L-Shaped Allen Wrench		1
6MM L-Shaped Allen Wrench		1
17MM Open-End Wrench		1
Hardware Bag		

If any items are missing please contact your country's local Matrix dealer for assistance.

#### Step 1

